

# *Methwold Times*

Serving the villages of  
**Brookville, Methwold  
& Methwold Hythe**

**Issue 334  
July 2011**

# Diary of Events

## June

29th Who do you think you are Methwold High School 3.30-4.30pm

## July

23rd Mestival Methwold High School noon - 6pm

## August

29th Art & Craft Fayre St George's Church

29th History Fayre St Georges's Hall

### THE POST OFFICE



#### Methwold Branch

St. George's Hall, High Street, Methwold IP26 4NT

#### Opening times

Mon: 08:30 - 16:30

Tue: & Thur: 08:30 - 13:00

This is your publication so why not let us know what you think.

Written contributions to the Methwold Times,  
by the 14<sup>th</sup> of every month may be sent to the editor:

Mo Truss, 46 Globe St, Methwold

Thetford, Norfolk, IP26 4PQ

Phone 01366 727462

or E-mail: [methwoldtimes@mtruss.co.uk](mailto:methwoldtimes@mtruss.co.uk)

or can be left at

Gary Boyce Butchers

***From the Editor***

The policy of the Methwold Times is that, unless we have a name and address, we do not print. Occasionally, in the past, we have relaxed this if we feel that the letter should be printed. However, in future, this rule will not be relaxed for any reason. I often receive letters from one person in the parish, who, obviously, thinks that everyone should know him and where he lives. Unfortunately, I don't and if he wants me to put any of his letters in the Methwold Times, he will have to supply a full address with his correspondence.

I have also had one or two complaints about some of the jokes that are in the MT, causing offence. Normally I do not edit any articles sent but I will exercise my right to do so in future, if I feel that anyone or group of people would be offended.

That off my chest, please continue to send in your articles and also let me know of your events. We all look forward to sharing these with you!

We are sorry to see that Methwold on the Net, our web site for many years, will be closing. We would like to thank Colin Marsland for all his hard work over the years and let him know that his efforts were much appreciated by the many people that I have spoken to me about it. Thanks Colin, from us all!!

***the Editor***

~~~~~  
***THANKS***

I would like to thank Mr Ashman for helping with a problem in the Hythe.

Sheila Eckman

~~~~~  
***THANKS***

We would like to thank family, friends and neighbours for their kind words and the many cards received on the sudden loss of our dear husband and dad, Vic Chamberlain. Our most sincere thanks go to Philip Bowers for the excellent funeral arrangements and care shown and to Ken Waters for the comforting service he conducted. Donations amounting to £251.58 have been forwarded to Papworth Hospital.

***Francis, Dawn, Sheila and Dale***

## METHWOLD YOUTH FOOTBALL

I would like to praise Marc for trying to set up a YOUTH TEAM in the village. I do hope the village get behind him and help. he has been to a Football Board for a hearing and test. He past with flying colours. Also his mum, Denise, is on board in a working capacity. She,also, had to to go before the board and also passed.

They will be holding some fund raising activities to raise some money for new goal posts, which are rather pricey, so I hope you will do your best to give them the encouragement they need.

*Freda Lakey*

### Methwold Rovers

Methwold Rovers FC would like to give a big thank-you to their main sponsor, Rumbles, and their subsidiary, The George, Methwold, for their support again, for the second season./ The team came fourth in the league this season, after being promoted to the third division. We held a presentation evening in May at The George and the trophy winners were:

Managers Player	Steve Kent
Players Player	Kevin King
Most Goals Scored	David Pentney
Young Player of the Year	Ryan Hood
Club Person	Graham Manning

Well done all players - they are a great team together!

We are still training on Wednesdays at 7pm at Methwold High School. A trainer will be starting in July at £1 per session - All Welcome. A quick good luck to Carl Curtis (Snowy) and Dominic Buntan on running the new Methwold reserve team.

Many thanks to all involved with the club

Duncan Fuller, Graham & Marion Manning

## *ELIZABETH TRUSS MP*

**wil be holding a surgery in  
The Fenton Room, St George's Hall  
on Friday June 24th from 6pm - 7pm  
*ALL INVITED***

## WHAT DOES THE DOCTOR THINK THIS MONTH?

### Afternoon Tea and an acute stress reaction

These articles are written two or three weeks before they appear in the magazine. You may recall that East Anglia was extremely dry between February and June and that a state of Drought was declared by the Government on June 9th. Although it will be OK for householders to use hosepipes and to water their lawns, farmers will be restricted in the amount of water they can use for irrigation of crops.

As you will know, the local churches are medieval buildings which cost a fortune to maintain. That money comes from those who attend church and those villagers who are kind enough to help with fundraising, or by becoming “Friends of the Church”, members of the 200 Club, and so on. Fortunately, there are folk who, whilst not of a religious persuasion, do value the ancient buildings and help to keep them going. As about 70% of the church income goes to Ely as “Parish Share” and another £2,500 or so goes on insurance, there is never much left for the maintenance of the fabric.

At Methwold St George, one of our annual fundraising events is the June Afternoon Teas, held in the middle of June. For years, The Teas alternated between Dawn and Nick Guyer’s garden and ours. Last year, Diana and Robyn Hood kindly hosted the event at Methwold House and made a lot more money than we ever do! This year, it was our turn. Deannie set to with the baking and the usual 6 month plan for the garden was put into place – lots of plants grown over the winter in the greenhouse and the planting schedule arranged so that there would be lots of colour for the Teas in the Garden, and still plenty for our mega wedding anniversary celebrations in the middle of July. All tools were tidied away, well, most of them, the greenhouse was almost tidied up, the bluebells were finally made to disappear, well, as much as you can make them disappear, and Friday June 10th, the day after drought was declared, saw Head Office continuing the baking and me erecting the marquee (to keep the sun off people) and carting all the tables and chairs from Methwold to our house in Feltwell. The new log cabin was prepared for those who preferred complete shade and, that evening, the weather forecasters talked of severe rain on Sunday. For once, they were right and Sunday 12th June turned into a washout for everyone in the region holding open gardens, Farm Days etc. Management and I stressed, well, I did, she just kept baking and baking and baking, and we moved the event indoors, with lots of small tables, and those who had braved the elements really enjoyed a café atmosphere while the marquee, the log cabin and the garden remained unused. Monday 13th was, of course, beautiful and drought conditions were resumed.

**Bureaucracy and the septic tank:** I have been alerted by Ian Griffen of Meth-

**Bureaucracy and the septic tank:** I have been alerted by Ian Griffen of Methwold. Those of you who have a septic tank are required to register the discharge from the tank with the Environment Agency. The Environment Permitting (England and Wales) Regulations 2010 now require all discharges from septic tanks to be authorised by an environmental permit, or to be registered as being exempt from holding one. Most should be able to register an exemption; this can be done online without charge at present. Once you have registered an exemption, you must comply with various conditions, including proper inspection and maintenance and regular removal of excess sludge. You must keep regular records of maintenance and repair and you must not cause any pollution. Unfortunately, this is not a joke and the more cynical amongst us will wonder what they will do once they have all the septic tanks on a database – an effluent charge, perhaps.

Those who tell me they enjoy these articles seem to enjoy hearing about Management, the bluebells (Spanish) and they like the jokes. I don't hear from those who do not like the articles, except one Northwold lady who took grave exception to the Ford Taurus and Renault Clio joke and has since moved away from the area. Friends send me jokes, about 10% of which are printable, for inclusion in the articles. A few follow:

Alan Bristow of Feltwell told me of the Irish pub with a visiting American who simply could not believe that the Irish drank Guinness. He looked at a pint and asked "How much of that horrible-looking stuff do you actually drink?" When told that they drank pints of the stuff every evening, he offered £50 (or the equivalent in Euros) to anyone who could drink 20 pints straight off. There were no takers and no-one noticed Paddy slipping out. An hour later, Paddy came back into the pub, approached the American and accepted his offer. The American was delighted and asked the barman to set up 20 pints of Guinness – no mean feat as it is difficult to prepare – and enquired of Paddy why he had not taken up the offer immediately. Paddy's reply was prompt. "Well, I wasn't sure whether or not I could manage 20 pints all in one go so I went to the pub next door for a practice and I managed it, so here I am".

Colin Williams of Methwold Hythe told me of the two Dubliners who were asked to look after a box for 5 minutes while the owner popped into an off-licence for some whisky. The box started to drip and, after tasting the drips, neither of our friends could work out whether it was leaking brandy or whiskey, or perhaps, rum. Out came the owner "Thanks for looking after my puppy, chaps". Colin's other jokes were unsuitable – ask me about the brothel if you see me (or him) – except, perhaps, for the time Paddy's sandwich tasted horrible. He had made it with crab paste he had found in the local pharmacy.  
Best wishes to you all.

*Jan G. Nisbet*

**Minutes of Methwold Parish Council Meeting  
held on Thursday May 12th 2011 at St. George's Hall,  
Methwold.**

Present: Mr R Hood, Mrs B Horton, Mr C Neville, Mrs B Bluck, Mr P Ashman,  
Mr J Henry, Mr J Marriage, Mr D Masters, Mr C Stone, Mrs S Stones,  
Mrs M Truss, Mr D Wortley, Mrs M Wortley  
Borough Councillor Mr M Storey  
Borough Councillor Mr M Peake  
13 members of the public

**OPEN FORUM**

- It was reported that the 40mph vehicle activated sign outside Methwold High School does not appear to be working correctly.
- It was queried why a resolution to exclude the public is made at most Parish Council meetings. A council has the discretion to exclude the public when a meeting is considering confidential or other matters prejudicial to the public interest and often tenders and contracts are discussed after such a resolution has been passed.
- Mrs Truss, editor of the Methwold Times, was asked why profiles for some candidates who stood at the recent Parish Council election had been published in the Methwold Times while others had not. Mrs Truss replied that people are not invited to provide articles for the magazine but what is submitted is published.
- It was asked what work Parkers had undertaken for the Parish Council and what the acronym CGM stands for. Parkers are electrical contractors who have worked at St. George's Hall and Country Grounds Maintenance (CGM) is the grounds maintenance contractor engaged by the Parish Council.
- It was noted the Borough Council Returning Officer should inform candidates of the results of an election.

**1. Mr R Hood was nominated and seconded as Chairman and with no other nominations duly elected to remain as Chairman.**

**2. Declaration of Acceptance of Office signed by the Chairman.**

**3. Apologies for absence received from County Councillor Mr. A White.**

**4. Declaration of Interest:**

Mr C Stone declared an interest in item 15.

**5. Acceptance of Office signed by all Councillors.**

**6. Mr C Neville was nominated and seconded as Vice-Chairman and with no other nominations duly elected as Vice-Chairman.**

**7. Mrs B Horton was nominated and seconded and with no other nominations elected to remain as Deputy Vice-Chairman.**

**8. Consideration was given to membership of the various Parish Council Committees.** This will be an agenda item again for the June Parish Council meeting.

Mr J Marriage presented a suggested format for future Committees and advantages and disadvantages of the system suggested was compared to the former Committee structure. Former Parish Council Committees were:

1. Planning Committee
2. St. George's Hall Committee
3. Recreation Ground Committee
4. Finance Committee
5. Footpath Committee

The Parish Council also has representation on the Batchcroft Charity.

It was agreed to hold a working party meeting prior to the June meeting of the Parish Council to discuss the structure of future Committees. A date for the meeting was set for Thursday May 26th.

The Cemetery Superintendant and Assistant Cemetery Superintendant, together with the Parish Council Clerk, manage the day to day running of the Cemetery.

**9. Mr R Hood was appointed as Cemetery Superintendant with Mrs M Wortley as Assistant Cemetery Superintendant.**

**10. The minutes of the meeting held on 14/04/11 were confirmed as a true record with the addition of Mr M Storey to the list of those present.**

**11. Matters arising from the minutes**

11.1 Request by Methwold Primary School to use the Recreation Ground  
A letter has been received from the Supporters of Methwold Primary School requesting use of the Recreation Ground to hold a summer fete. This was agreed in principal but the Parish Council would want sight of the School's insurance policy covering the event.

- 11.2 A request has been received to use the football pitch on the Recreation Ground. It is hoped a local football team can be established. The team will need premises to change in and possible use of St. George's Hall will be discussed at the June Parish Council meeting. In principle the Council would be supportive of a local football team and would encourage use of the Recreation Ground.
- 11.3 An e-mail has been received from the Environment Agency following a request made by the Parish Council for information on the reported dead seagulls found near the Lodge Road, Oakery Landfill site. A joint investigation was conducted by the Environment Agency and a representative of the Veterinary Laboratory Agency (VLA). The landfill site fully cooperated with the investigation and was found to be operating within agreed procedures and fully compliant with their permit. The VLA carried out approximately fifty post mortems on the gulls found. The cause of death could not be identified. The VLA officer concluded that the deaths were likely to have been caused by potentially infected material that the gulls were feeding on. During the inspection any contamination of water was ruled out as no other birds in the area had been affected.
- 11.4 The Village Handyman will trim brambles from the Churchyard wall.
- 11.5 Mr J Marriage has purchased wood to repair the Jubilee seats, starting with the seat along Main Road, Brookville.
- 11.6 There has been no response from Royal Mail regarding possible re-siting of the post box in Crown Street.
- 11.7 Mr. Ashman has contacted the Highway Department and Councillor Tony White regarding concerns with Whiteplot Road, Methwold Hythe. A report from highways will be requested for the June Parish Council meeting.
- 11.8 The telephone box in Methwold Hythe has been repaired but not cleaned.
- 11.9 It was queried whether Norfolk County Council Rights of Way Officer David Mills will be available to attend a Parish Council meeting.
- 11.10 A request has been submitted to Highways for two dog waste bins to be sited in Methwold Hythe.
- 11.11 Councillors were presented with a guidance note relating to electricity substations and further research is being undertaken regarding the wayleave agreement for the village sub-station and what might be a realistic rent for the site. It was agreed to proceed with possible engagement of a land agent to secure an appropriate rent. Norfolk Association of Local Councils has also been approached regarding legal advice on this matter.

**12. Accounts for April were presented and approved for payment in Expenditure accordance with the budget.**

## Expenditure

Payee	Net	VAT	Gross
Staff remuneration			£752.79
Lighting maintenance	£100.24	£20.05	£120.29
CGM (March/April)	£239.46	£47.90	£287.36
E.on -street lighting electric	£71.98	£3.60	£75.58
Viking	£44.96	£8.97	£53.93
J.Marriage			£60

## Income

Doctors £60.00

PO £51.00

- 12.1 Copies of the accounts for the year ending March 31st 2010 were presented to Councillors. The accounts will need to be agreed at the June Parish Council meeting and the Annual Return Form must be completed. Councillors were also given a copy of the Annual Return form.
- 12.2 It was agreed to proceed with the installation of a replacement water heater in the Doctors room at St. George's Hall as discussed at the April Parish Council meeting but at an additional cost so hopefully providing a more reliable heater than could be purchased at the original price set.
- 12.3 The provision of water at the cemetery to be discussed after a resolution to exclude the public at the end of the meeting has been agreed.

### 12.4 Cemetery Fees

The Chairman has researched Cemetery Fees in neighbouring parishes and his recommended revised fees were considered. The following fees were agreed to come into immediate effect:

Burial in Cemetery

Child – stillborn /up to one year	No charge
Child - one year to twelve years	£36.00
All others	£75.00
Burial of cremated remains	£70.00

Fees to be doubled if burial is for person not residing in the parish. (This can be waived at the discretion of the Council.)

### **Fees for headstones/monuments**

Headstones max. size 762mm x 610mm x 76mm

£40.00

Small headstone for the Garden of Rest max. size 457mm x 381mm x 51mm

£35.00

Flat tablet in Garden of Rest

£30.00

Added inscription to any memorial

£17.50

Fees will be reviewed on an annual basis at each May meeting of the Parish Council.

## **13. Reports**

### **13.1 Chairman's Report**

The Chairman has contacted Waste Recycling Ltd (WREN) regarding the possibility of obtaining a grant to assist with refurbishment of St. George's Hall. An application form will need to be completed and submitted by May 15th and it was agreed the Chairman should proceed with this.

Following receipt of a further letter from Mr. Depledge, it was agreed the Chairman and Mrs Wortley will meet Mr M Depledge at the cemetery to look at the placement of the memorial to Mr Depledge's parents which the Parish Council has requested should be resited. The Headstone has been placed in the walkway between graves and thus constitutes a hazard.

13.2 The Clerk's had nothing further to report as all matters have been raised on the agenda.

## **14. Correspondence**

1. Norfolk Link Extra (copies for Councillors). Training for new councillors will be considered at the June Parish Council meeting. It was agreed to pay one fifth of the fee for the Clerk to attend the SLCC/NALC Summer Conference.

2. NAVH Newsletter

3. Nplaw – invitation to subscribe to legal services

4. WNVCA In Touch magazine

5. NPFA Playing Field magazine

6. Methwold gaol.

7. Letter of thanks for use of St. George's Hall on April 29th from Methwold Community Action Group.

It was agreed to pay the course fee for Mr J Marriage to attend training regarding play equipment inspections. The Clerk may also attend the course.

## **15. Planning**

*Mr. C Stone declared an interest in this agenda item and left the meeting for the duration of item 15.2.*

15.1 Alterations and Construction of dormer window at 51 Globe Street, Methwold IP26 4PQ 11/00565/F

**Supported**

15.2 To complete rear two storey extension following demolition of existing lean-to and extension, twin gable roof to rear extension and external finish will be existing chalk style at Fair Hill Cottage, 9 Globe Street, Methwold 11/00547/F

**Supported**

## **16. Further Reports/Items for the next agenda**

- 16.1 It was suggested the Parish Council should hold an open meeting to encourage greater public participation.
- 16.2 There is little play equipment for young children at the Recreation Ground. This will be investigated with a view to obtaining possible grant funding.
- 16.3 A request will be made to Highways regarding erecting 'Slow, children playing' signs near the crossroads in Methwold Hythe.
- 16.4 It was requested that Royal Mail should be approached regarding provision of a post box outside the Post Office.
- 16.5 It was reported that there is a leak from a pipe leading to the right hand side hand basin in the ladies toilets at the Fenton Rooms.
- 16.6 The fascia boards at the Fenton Room are in need of cleaning.
- 16.7 Highways have repaired pot holes along Hythe Road but road works signs have been left in place. The crumbling road surface at the junction of Hythe Road and Ventura Close is still in need of repair.
- 16.8 A tree appears to have been planted on Lower Green, Globe Street without consent from the Parish Council. The clerk will investigate who planted the tree.

*A resolution was passed to exclude the public*

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### **Methwold Investment Club**

Have you ever wanted to have a go at wheeling and dealing on the stock market? This club could be for you. If you want more information please contact the club secretary, Julie Clement on 728926

# FELTWELL SURGERY

Have you remembered that there is a Practice website:

[www.feltwellsurgery.co.uk](http://www.feltwellsurgery.co.uk)

The Practice would like to encourage patients to visit the website to keep up to date with new services and initiatives. It's also a good tool to help patients access the surgery and find out more about who they are, what they do, opening times, how to register with them and how to order prescriptions etc. The website offers advice on how to make a complaint or provide us with feedback and gives details of the latest patient survey.

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## Methwold in Bloom

Following our successful fundraising at the Royal Wedding Party, we have been able to purchase some new tubs and place them around the villages. All the tubs have now been planted for summer displays and we hope they will be enjoyed by all. If you have any suggestions for placing more tubs in the future, or have any concerns over where we have put them, do let us know.

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# 1st Methwold Cub Pack



Hello from all of us here at Methwold Cubs.

We have all been meaning to write an entry, sharing out adventures for months but time has not allowed for it. That said, here we are and from this point on we hope to keep you informed of all our tales every two months.

So what have we been up to... Well it's been a busy year so far. Already this year we have been on a visit to Pets at Home in Kings Lynn. We are very grateful to all the staff who gave us the tour and talk – helping us to understand how to care for our pets carefully. Since then Methwold Fire station have kindly played host to our group, and they even dismantled a car for us!! Very exciting stuff...

Back at base, we've all been working hard to achieve our Road Safety and Animal carers badges. With that we're also getting down and dirty with the hope of working towards our Outdoor Challenge Badge, having been out on a night hike where we battled through the underbrush (a few big nettles), built shelters and tested them against the elements (bucket of water and shake test), and on the week I write this we've built, lit and cooked on our own fires (Chocky Banana's – AMAZING!!).



Excitingly we've also just had our first Pack Camp of the year. Ten intrepid adventurers set up some rather large green tents and camped out for the weekend. We all had an amazing time as pirates over the weekend, building catapults and launching water balloons, going swimming at Aqua World in Thetford, belting out some tunes round the campfire and eating like royalty!!

Thanks go to all the parents who stopped for however long/short amount a time of the weekend, your support has not gone unnoticed.

Finally can we say a huge well done to Jenna, Evie, William and Abbie who have



worked hard and achieved their Silver, Chief Scouts Award – a huge achievement. Sadly we say farewell to Abbie and William who have now left us to move to Scouts. We wish you all the best in your Scouting and hope to hear fondly of your fun!!

Well, I could easily waffle on for hours. But for now you'll have to wait until July!! We all hope you enjoy our exploits and should you be interesting in 'Giving it a go!', shout out and give our Group Scout Leader a call.

**All enquiries to Jean Dennett (Group Scout Leader and Cub Scout Leader)  
(01366) 728209**



***Dear Editor,***

Thank you for publishing my letter in the June edition of the Methwold Times, as a result I had a visit from Councillor Phil Ashman, now there's a novelty for you a Councillor visiting one of his electorate, watch it Phil others might pick up on your idea.

It was a pleasure to talk to Phil, he quickly made it clear he didn't agree with all of my views, (I knew I spotted a weakness there somewhere Phil). On reflection may-be I have been a little bit harsh on our new Council with such as Phil around may-be things could change, but I'm still aware that a lot of hard work has to be done.

It seems that Phil and I are as one when it comes to taking on board our young people, get their co-operation, (could be difficult), and vandalism might be a thing of the past.

You have to ask yourself why vandalism is there in the first place and I think it comes about when our young people, take the Rec. for example, don't consider it belonging to them but to us.

There is still, in my view, in spite of this being 2011, the THEM and US syndrome alive and well in our Village.

I have always taken the view that I am equal to anyone in our Village, but superior to no one, and that includes our young people, whether every one in our Village thinks the same is open to question.

Finally, where should our new Councillors spend a lot of their time? The answer is on the doorsteps of their electorate, soliciting the views of young and old, failing that it will be more of the same.

Les Lawrence  
Methwold

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## ***Dear Editor***

Responding to Les Lawrence's letter last month. I, myself, have lived in Methwold 50 years, and what a change I have seen too. When we were young we had a youth group, a rifle club, sports on the recreation ground with Methwold teams, different classes which the Social Club used to get up, disco's, and, best of all, which was then organised by the Parish Council and villagers, the August Bank Holiday fetes with everything from fancy dress, tug-o-war, stalls, displays on the ground and above. There was carnival with floats which were decorated up on themes which rode through the village and then judged. But now the youngsters have nothing like that. Businesses have closed, and even now we have a chip shop in Methwold the Parish Council are bringing up about the Rumbles advertising board - we need to advertise to put Methwold back on the map! Rumbles do a lot for the village and have always backed Methwold Rovers F.C. with sponsorship.

Les also mentions that we must respect the young, and yes, I agree, but they must also respect us and probably put forward to the Parish Council some of their ideas. Les is an old codger now but he's still got his marbles, but not his hearing.

***Marion Manning***

*(address supplied)*

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### **NORTHWOLD SPIRITUALIST GROUP SERVICE CALENDAR 2011 Northwold Village Hall**

#### **FRIDAY EVENINGS at 7.30pm**

1 Jul	Jeannie Hawkbee
15 Jul	Victoria Neal (Psychic artist)
29 Jul	Linda Lynette Smith
12 Aug	Simone Keye
28 Aug	Linda Reade
9 Sep	Pam Romera (Social Club)
23 Sep	Richard Bartholomew

#### **ADDITIONAL EVENTS at 7pm**

9 Jul	Clairvoyance Evening with Pat Smith
3 Sep	Supper with Barbara Price Marcus Day, Richard Bartholomew, Cherry Smith, Nick Brown & Angie Morris

*Enquires & Further information Tel: Eileen - 01366 727174*

## **A SNAPSHOT OF METHWOLD SCHOOL AT THE OUTBREAK OF WAR IN 1939**

Methwold Primary School have recently allowed us to borrow the school's log books for the purpose of research and we thought we would start by looking at the school in the war years.

**STAFF & PUPILS :** The school opened the year with a roll of 175 which quickly rose to 187. A staff of 6 were lead by Mr H McIlroy, the Headteacher. Some in the village still remember him as a somewhat authoritarian figure who used the cane with some frequency! Miss Mackay & Miss Pegg (Infants), Mrs McIlroy, Miss Jackson and Mr Doughty made up the staff team with Mr Gardner also working as a Handicraft and Woodwork Instructor.

**THE SCHOOL CURRICULUM** was largely based on the 3Rs with a large helping of Religious Instruction examined regularly by the Diocesan Authorities who wrote up their reports in the log book. Pupils who showed academic promise were entered for the County Scholarship Examination and in 1939 two such pupils were Cliff Flogdell and Madge Allen! Those who passed went on to Downham Market Grammar School. Pupils remaining at Methwold stayed until they were 14. It wasn't all hard work though and there were other subjects such as Cookery and Needlework for the girls and Gardening and Handicraft for the boys as well as Singing, Drawing, Nature (Including nature walks) and Physical Training. One afternoon Mr Doughty even took the boys on their bikes to see Wissington sugar factory! There was also a charity element to the school with children bringing in eggs to send to Lynn Hospital (877 were sent in April 1939). Children were given time off school for heavy snow, if they had an infectious disease, for Sunday School Outings and County Sports Days. Parents also kept their children off school for treats such as seeing the Christmas lights in Lynn!

**HEALTH & HOLIDAYS** There were the usual falls in the playground and bumped heads on the way to school. One boy even managed to cut another with a knife during a gardening lesson! The School Nurse, "Nurse Steele", was called upon in difficult cases and bad accidents, as now, had to be reported to the Authority. Health inspections were carried out regularly by either a nurse or a doctor. These included general health inspections together with those for eye-sight, teeth, and head-lice. Individual cases of nits were sometimes treated on the spot which, at least on one occasion, drew a complaint from an annoyed mother. Cases of influenza, colds, chicken pox (which closed the school for a week in February), infantile paralysis, measles and scarlet fever are all mentioned in the logbook. The Doctor described the health of the children as "generally good" which is better than the comment made in 1938 which records a "necessity for better nourishment and dental treatment".

**THE OUTBREAK OF WAR :** Children returned to school after the Harvest Holidays on September 11th and the Headteacher wrote in red ink in the logbook the

the single word "WAR". War with Germany had been declared on Sept 3rd and during the last week of the holiday many children had been evacuated to Norfolk from London. Standing in front of the Headteacher on the first day of term were 45 evacuees and their three teachers! The number rapidly rose to over 50 and "the congestion in the Junior Section" soon had to be reported to the HMI who were responsible for inspecting the arrangements for evacuee children. The school appears to have coped well though and the teachers returned to London to pick up equipment and resources. Medical support was put in place and arrangements made for the children to be educated in the Methodist schoolroom.

Other war measures had to be put in place for all the children. Every child had to bring their gas masks to school every day and inspections were regular. ....But what should be done with the children if Methwold was attacked? On Sept 14th The Chairman Of Governors (Col E.R.Herbert) visited the school to discuss the matter with the Headteacher with reference to the need for an Air Raid Shelter. He was told that if an air raid occurred during school hours the "children would be taken out to a field nearby where there was a depression about 4 feet deep along one side of the field". Wow! Some shelter!

Happy Days ! .....And more to come in another issue

METHWOLD HISTORY GROUP meets on the third Thursday of every month in the Spencer Room of the village hall at 7.30pm. The next meeting is on July 21st at 7.30pm. Everyone welcome

"Images Of Methwold" Evening. We really enjoyed our May meeting when the archive was officially opened in the memory of John Younge. It was really special to have all the Younge family with us for the occasion. Our thanks to them. We were also delighted with the attendance of about 60 who gave us a lot of feedback about many of the people on the old photos. We were amazed to have with us a family whose ancestors had been here in Victorian times and who had driven 220 miles from the Yorkshire Dales for the occasion! The evening only covered about 75 of the 400 pictures in the archive so we will have to have another evening in the Autumn!

Archive News: Our very grateful thanks to everyone who has sent us items for the archive, please keep them coming in.

Gressenhall Local History Day : This was another special day at the end of May, when we set out a "History Of Methwold" display and met a lot of other history enthusiasts from all over Norfolk. My special thanks to Mo Truss and David Thomas who looked after the stall for most of the day.

If you would like to know more about Methwold History Group please contact Chris Stone – 01366728478 ([chris.stone27@btinternet.com](mailto:chris.stone27@btinternet.com)).



## ST GEORGE'S CHURCH, METHWOLD

Rector:	Revd Joan Horan	01842-828034
Curate:	Revd Ken Waters	01366-727220
Churchwardens:	Nick Guyer	01366-727293
	Dr Ian Nisbet	01842-828956
Church Elders:	Bob & Madge Watts	01366-728211
PCC Secretary:	Colin Marsland	01366-728170

### JULY 2011

#### **July 3rd - 2nd Sunday after Trinity**

11.00am - Combined Benefice Holy Communion at St George's - Revd Ken Waters & Revd Joan Horan.

Sidesman: J Watts Reader: S Marsland Prayers: J Griffen

6.00pm - Songs of Praise - Revd Marie Whitcombe

#### **July 10th - 3rd Sunday after Trinity**

9.15am - Holy Communion - Revd Ken Waters

Sidesman: F Walker Reader: D Mantle Prayers: D Mantle

#### **July 17th - 4th Sunday after Trinity**

9.15am - Joint service with the Methodists - Mary Cumbers

Sidesman: tbc Reader: A Brand Prayers: S Marsland

#### **July 24th - 5th Sunday after Trinity**

9.15am - Holy Communion - Revd Joan Horan

Sidesman: S Freeman Reader: N Guyer Prayers: I Nisbet

#### **July 31st - 6th Sunday after Trinity**

9.15am - Holy Communion - Revd Ken Waters

Sidesman: M Browne Reader: J Griffen Prayers: J Griffen

*If the church is locked the keys are available from Bob & Madge Watts, Brumblebarn Farm, 10 Hythe Road, Methwold, 01366-728211.*

Well! What can I say – July is a very special month for me. It's the climax of what has been a long and sometimes traumatic journey. It is a year since I was ordained a Deacon and on 3rd July 2011 I will be ordained a priest at Ely Cathedral.

Although the journey started many, many, many years ago the final stages really

began in 2005 when I felt the need to do something more than I was doing at the church and started to explore what this urge was. I went for selection as a Lay Reader and began the training; but along that road one of my tutors suggested that maybe I should consider looking at ordination. I then started a year long process of discernment that culminated in getting through the Bishop's Advisory Panel, which led onto two years at university studying Theology. The road got a bit bumpy when my body decided to die on me twice; but we got through that and now I finally get to the place where I can serve God's people in Methwold and the other villages of the Grimshoe Benefice (Feltwell, Hockwold, Northwold and Weeting). I couldn't have done any of this without the support of my family and, of course, my friends both near and far.

My first "proper" service as a priest, when I can give communion, takes place at 11.00am on Sunday 3rd July at St George's Church and you are more than welcome to come along and see if you can spot any mistakes! But don't worry as the jokes in my sermon will continue (good or bad?), the jeans will still be worn and the hair will get even longer as long as the bald patch behaves itself!

Thank the Lord for all our blessings and may we share them with all we meet, even if that is just a smile and a cheery "hello" as we pass along the road.

God Bless,

*Ken Waters*

### **HELP LIGHT YOUR VILLAGE CHURCH**

We're off to a good start but I need more of you to take some jars back and start filling them with your pennies (silver and paper money are also acceptable).

JARS CAN BE COLLECTED FROM ME OR FROM THE CHURCH PORCH.

Once your jars are full drop them off with me or give me a call and I'll collect.

Thank you to those individuals who have made donations already. We've reached just over £400 so far. The cost of the project is approximately £3,000 so we have a fair way to go yet. Keep collecting!

### **ART & CRAFT FAIR**

We will be holding our annual Art & Craft Fair at St George's Church on Monday 29th August. If you want to have a stall to sell your goods please contact Ken Waters 01366-727220 or [ken.waters@btinternet.com](mailto:ken.waters@btinternet.com)

### **ORGANIST NEEDED**

St George's is in need of an organist. Anyone wishing to fill this appointment should contact Ken Waters, 01366-727220.

### **FRIENDS OF ST GEORGE'S**

## **Green Man Charity Bike Ride**

On May 14th, The Green Man organised a charity bike ride to raise money for MacMillan Cancer Support. There were 22 riders taking part in the 42 mile ride from Heacham Beach back to the Green Man. The first 2 cyclists were back in 3 hours and the last cyclist took over 7 hours to complete the ride! Although we still have not collected all the money, we have already raised over £1200 in sponsorship.

Gary & Lesley would like to say a big thank you to everyone who helped to make sure this day was a great success. The Riverside Caravan Park & Alan, Gloria & Ady for the use of their caravan. SWM Motors for the use of the van. The checkpoint people, Rachel & Wayne, Faye, Lorna, Beryl, Brian, Penny & Brenda. The Support vehicles, Darren & Corin. Advertising & Certificates, Phil, Anne & David Thomas. Planning & marking out the route, Steve, Libby & The Buckle Family. Thanks also to Linda Pryer for the fruit basket donation and to Stephen Payne for his patience while we put up the finish line banner in the wind, and to Kay & Sylvia for helping out on the day. The biggest Thank You, however, must go to all the cyclists who took part & made it a great event.

Gary & Lesley

# **Renaissance HYPNOTHERAPY**

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## Fantastic fenland plants

Nature provides us with some wonderful colours throughout the year. Perhaps the best time to appreciate this is during July & August, when this area is covered in swathes of fenland plants of all colours, shapes and sizes.

I like nothing more than wandering through Lakenheath Fen whilst admiring a spectacular display of pinks, purples and yellows. However, until recently, these colours were nowhere to be seen on the reserve.

Back in the days when the Fens were 1,300 square miles of wet marshland, fenland plants would have been everywhere. However, when the majority of the area was drained around 400 years ago, some would have hung on along ditches; some would have completely disappeared from the landscape under cover of agriculture.

When the RSPB bought the land in 1995, the area was mostly arable farmland apart from a small remnant of a poplar plantation that was owned by Bryant and May for producing matches and pallets. The area was very dry due to drainage, so not very good for fenland plants.

Large scale reedbed creation began the following year. Pools and channels were dug, and as drainage was stopped, the water levels began to rise. The combination of water and sunlight gave long dormant seeds of forgotten fenland plants a kick start and.....

Hey presto! Over 100 species of fenland plant started to emerge out of the ground. This sounds like magic, but it just goes to show what remains in the soil for years and years!

One of the most colourful is purple loostrife, which is commonly found in wet areas between June and August. It stands quite tall and the flowers have six narrow petals that whorl up the stem. It is favoured by a wide variety of butterflies, which add even more colour to this already beautiful plant.

Another familiar species is bulrush, which used to be known as reedmace. It looks like a sausage on a stick, and the tiny flowers are densely packed into the long brown spike. The spikes become very fluffy at certain times of the year and I'm told that if you take the stems inside, the "sausages" explode!

If you would like to come and learn more about our fantastic fenland plants, then join us for our wildflower walk on Saturday July 23rd. If you are interested, get in touch.

David White  
Information Officer  
RSPB Lakenheath Fen



## Lakenheath Fen nature reserve July events

**Saturday July 2**                      **Wild camp out**                      7.30pm  
Come and pitch your tent and camp under the stars. We will have hot drinks and retire for an early night. The following morning, after breakfast, we will see what goodies have been caught in the moth trap. £5 per tent. Adults £8/ Children £4 (RSPB members half price). Price includes breakfast.

**Sunday July 3**                      **Moth morning**                      8am-11am  
If you don't fancy camping out, you can come along for the moth morning. Discover some fantastic moths that live on the reserve. There will be a wide range of colourful species and we may see the extremely rare marsh carpet moth, one of our specialities. Adults £6/ Children £3 (RSPB members half price)

**Wednesday July 6**                      **Wednesday walkabout**                      10.30am-12.30pm  
From July 6th to Wednesday August 31st, there will be a free guided walk each Wednesday morning. There is no need to book, but please note that if there are less than five people, it will not go ahead. There will be a maximum of fifteen people on each walk, with places allocated on a first come first served basis.

**Sunday July 10**                      **Marsh harrier walk**                      9.30am-1pm  
Lakenheath Fen is a great place to see the fantastic marsh harrier. Come and join us on a walk to look for these wetland specialists. At this time of year, there should be some of this year's young already on the wing. Adults £4/ Children £2 (RSPB members half price)

**Saturday July 16**                      **Crane talk and walk**                      2pm-6pm  
Join us for an insight into the life of the cranes living at Lakenheath Fen. There will be a talk about this majestic bird's status in Britain followed by a walk around the reserve to try to see them "in the flesh". Adults £6/ Children £3 (RSPB members half price)

**Sunday July 17**                      **Joyful July**                      10.15am-1pm  
The reserve is awash with colour in July. There are a wide range of fenland plants in flower and lots of dragonflies and butterflies. Join us for a walk around the reserve during this colourful time. Adults £4/ Children £2 (RSPB members half price)

**Wednesday July 20**                      **Wednesday walkabout** (See July 6th) 10.30am-12.30pm

**Saturday July 23**                      **Flowering fenland plants**                      2pm-4.30pm

them and understand how they fitted into our cultural history. Adults £4/ Children £2 (RSPB members half price)

**Sunday July 24 Children's day 10am-4pm**

Join us for a day of fun activities for children. There will be guided walks, games and face painting. You can come along for the day or just pop in for an hour. Each child will receive a goodie bag. Children £3 (Wildlife Explorer members half price). Accompanying adults free.

**Saturday July 30 Childrens walk 2pm-4pm**

We will walk around the Brandon Fen family trail to look for bugs, birds and mammals. Who knows what we will find?! Children £3 (Wildlife Explorers members half price). Accompanying adults free.

**Sunday July 31 The long walk 9.30am-3pm**

Join us for an extended walk around the reserve. This is a rare opportunity to visit Botany Bay SSSI, which is not usually open to the public. Please bring sun cream, a packed lunch and plenty of water. Adults £10/ Children £5 (RSPB members half price)

**Booking is essential for all events unless stated otherwise.**

For all enquiries and bookings, please contact: 01842 863400 or email: [Lakenheath@rspb.org.uk](mailto:Lakenheath@rspb.org.uk)

RSPB Lakenheath Fen nature reserve, Station Road, Lakenheath, Brandon, IP27 9AD.

**Costs**

Unless otherwise stated, events are £4 for adults, £2 for children for (RSPB and Wildlife Explorers members half-price.)

**Other Information:** Most events have outdoor components so please dress appropriately. Stout-footwear and warm, waterproof clothing are strongly recommended. We suggest you bring a torch to evening events.

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## FRIENDS OF ST GEORGE'S CHURCH, METHWOLD

Methwold is particularly fortunate in having one of the most interesting and beautiful medieval churches in this country. We believe that there has been a church on the present site mentioned in the Domesday Survey of 1086, which at that time was surrounded by eight acres of land, most of which now contains some of the houses of the village. The church was largely rebuilt in the 15th Century when the roof was installed, which has an outstandingly beautiful underside and has remained in wonderful condition.

Why do we need Friends?

Over the years the people in the village who worship in St George's have managed to find sufficient funds to keep the building and its contents in good repair. However, financial demands on the Parochial Church Council are becoming increasingly difficult to achieve and leaves nothing over for the up-keep and maintenance of the building and church yard. Through the existing members of the Friends we have been able to either finance or assist in financing new stained glass windows in the Chancel, re-painting of all the external doors, refurbishment of the tower clock. We now have toilet facilities and a refurbished kitchen area far more suitable for the church compared to the old area and the porch is being replastered and painted.

However, all these things cost a lot more than our congregation can raise and having Friends means that we can do these improvements and repairs to what is a community building. So we need the help of the people who live in Methwold and we appeal to all of you who are not yet Friends for assistance. We are inviting as many people as possible to become Friends and help us to raise funds to look after and improve the church. We know that times are quite hard at the moment with rising costs right across the board and very little on the horizon for pay increases; but we are also affected with these same things.

All we ask is that you consider joining the Friends of St George's. Membership of the Friends would involve an Annual subscription of £50 for a person or £75 for a family paid by Bankers Order and Gift Aided if possible. Forms and more information can be obtained from Nick Guyer.

*Nick Guyer*

Nick Guyer  
Church Warden  
01366-727293

*Ian Nisbet*

Dr Ian Nisbet  
Church Warden

*Ken Waters*

Revd Ken Waters  
Curate  
01366-727220

# METHWOLD COMMUNITY ACTION GROUP

**METHWOLD STREET PARTY** : We would like to thank everyone who helped put on the “Street Party” on April 29th. In particular Dave Woods who provided the music, David Stubbings who provided the bouncy castles and Walter Herrington who ran the BBQ. All gave their services free of charge for the benefit of the village. We would also like to thank the Parish Council and the Social Club for the free use of their facilities, Darby’s Nursery for all the wonderful flowers and our local pubs which also put on events ...And lastly a big “Well Done” to all Action Group members who organised the event and helped on the day.

**And In The Interest Of Being Open** : It cost us £501 to put on the event and we took £538 on our stalls. In addition Methwold In Bloom took about £580 on their flower stall and there were £66 worth of donations to the Ladies Group who provided the teas & coffee.

**THE IMPORTANT THING IS THAT WE DID IT TOGETHER AND HAD A GREAT TIME.....ESPECIALLY THOSE WHO BRAVED THE GRASS FOR THE BEAR HUNT!**

So what shall we do for next year’s Diamond Jubilee ? ..... Watch this space!



## Methwold Ladies Group

At the June meeting we welcomed Phil Ashman who told us of the trials and tribulations of getting planning permission for Lindacres, his nature reserve at the Hythe. To update - permission has been granted for the reserve but permission is still pending for the ponds. Thank heavens Phil still has a sense of humour after dealing with the planning department for so long.

Next month, at our meeting on the 13th July, we will be having taster sessions of Tai Chi and Carpet Bowls. Anyone interested in trying either or both of these are welcome. We have also booked for two more theatre visits. The first of these, in July, is to see ‘Two Gents’, an updated version of Two Gentlemen of Verona, at Westacre Theatre.

### **METHWOLD PARISH COUNCIL HIRE OF ST. GEORGE'S HALL COMPLEX**

Application for hire must be made to the Caretaker - Telephone 01366 728722 or Parish Clerk - 01366 727150. ALL HIRE AGREEMENTS MUST BE SIGNED AND APPROVED BY THE HALL COMMITTEE OR FULL COUNCIL PRIOR TO HIRE DATE.

**Hire Charges and terms for hire of Whole Complex, Main**

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If you would like your group to be involved contact James Spurgeon on 01366 728333 or email [JSp@mhscloud.net](mailto:JSp@mhscloud.net)

# MESTIVAL 2011



**Saturday 23rd July 2011**  
**Midday to 6pm**



**Celebrating a year before the start of the London 2012 Olympic Games!**

Netball

Tennis

Zumba

Cricket

**Demonstrations from local sporting, music & dance groups**

Badminton

Yoga

Table Tennis

Football

**SUMMER SHOW**

**MUSIC FROM LOCAL YOUNG**

**MUMS & DADS!**

**5-A-SIDE & NETBALL**

**Stands & Stalls**

**BBQ & Refreshments**

## **Hospital Happenings July 2011**

### **Monthly Ramblings about West Suffolk Hospital**

#### **History of West Suffolk Hospital:**

The hospital, or WSH as it is often called, first came into being in 1832. However, before that the first instance I can find of a hospital in Bury St Edmunds is St Petronilla's Hospital for female lepers, which used to be near the South Gate which stood at the bottom of Southgate Street and was pulled down in 1762. St Petronilla lived around the first century AD and was said to be so beautiful that Saint Peter had locked her up in a tower to keep her from eligible men. A pagan king named Flaccus, wishing to marry her, led Petronilla to go on a hunger strike from which she died. She has a stained glass window to her in the nearby St Petronilla's Church, at Whepstead which may be seen via this link:  
<http://www.flickr.com/photos/norfolkodyssey/2417994569/>

In 1535 part of the income of the leper hospital of St Petronilla in Bury St Edmunds was derived from temporalities in Whepstead, which may account for the unusual dedication of the church to her name.

The next hospital was built on the old West Suffolk site at Hospital Road. I can find a few photo's of the place but little else – more work required! The buildings are still in existence and used by the current hospital to house some of the ancillary services. Also on the site is a care home.

The current hospital is built on the site of the former Hardwick House which was demolished in 1926/7 as it was “too large” having over twenty bedrooms. It was a magnificent place, photo's can be seen at <http://www.burypastandpresent.org.uk/jarman-captions/hardwick/house-ext.shtml> The current hospital wasn't built until 1979 but some of the original buildings remain, most notably the gamekeeper's lodge which is the pink building at the entrance to Hardwick Heath car park. Hardwick House was owned by George Gery Milner-Gibson Cullum (1857-1921) who was High Sheriff of Suffolk 1888 and Mayor of Bury St Edmunds 1913-14. He amassed a large library and shared the passion of many of wealth for autographs, being a vice-president of the Society of Archivists and Autograph Collectors.

Hardwick House and estate had been in the Cullum family since 1656. Thomas Gery Cullum, the 8th and last baronet died in 1855, and the family wills required the Hall to pass to male relatives only. The last baronet had a daughter who had a grandson called George who would be the final holder of the estate. George was unmarried and had no close male relatives. Thus, when as the last squire of Hardwick, Mr George Gery Milner-Gibson Cullum, died in 1921, he had no heir who could inherit the estate under the terms of the family trust. Hardwick House was therefore demolished. The family collection of books and art-objects and paintings was bequeathed to the town of Bury. It was to become housed at the School of Art in the

School of Art in the Traverse, in two years time, following probate. The cleared site of the great house, with its overgrown gardens, became the public open space now called Hardwick Heath.

### **New Transport Service:**

Patients at the hospital are to benefit from a new partnership with a growing charity which will provide a vital out of hours service for transporting blood, platelets and other emergency medical items.

From today (13 June), the "Service by Emergency Rider Volunteers" (SERV) charity will deliver blood, platelets, plasma, samples, vaccines, x-rays and scans to the hospital between 7pm and 6am, at weekends and on bank holidays by prior arrangement. SERV will provide the service free of charge, in turn allowing the hospital to redirect money which would otherwise have been spent on emergency transport back into patient care.

SERV was set up in 1981 in Surrey, and has expanded steadily over the past 30 years. It now provides an out of hours transport service across parts of London, Kent, Essex, Hertfordshire, Bedfordshire, Oxfordshire, Buckinghamshire, Northamptonshire, Sussex, and Hampshire.

The charity operates using trained volunteers, who are dispatched from home by the SERV duty controller once the hospital has contacted the blood bank with an order. Using their own motorcycle, car or van, they pick up the product and follow a set route to the hospital.

Bev Lambert, area coordinator for SERV Suffolk and Cambridge, said: "We are very pleased to be working with West Suffolk Hospital. We started with Ipswich Hospital in May, where everything is working extremely well, so it makes perfect sense for us to offer our service to West Suffolk. We hope to work with the Cambridge hospitals before the end of the year".

Better Late Than Never:

In 1995 a colleague of mine bought an item of obsolete equipment from the hospital. Sometimes old equipment that may be useful is offered for open tender to staff and the public, on this occasion it was a microscope. The goods were delivered and paid for and my colleague retired in December 2010, coming back two days a week to work. To our surprise, in today's post was a receipt for the microscope - 16 years after he bought it! Who said there are long waiting times in the NHS?

### **Case of the Month:**

One of my patients this week was a cross between Dave Allen and Frank Carsons. At the end of his scan he said to me, "I'd rather have Parkinson's than Alzheimers." I was slightly shocked that anyone would consider one better than the other and so I asked why. "To be sure," he said, "it's bad enough spilling your beer but I'd hate to forget where I put it!"

*Sony Bennett*



# THE NATIONAL TRUST

## Oxburgh Hall

### JULY EVENTS

(all prices available on application or on our website)

**Jazz Evening - Friday, 01 July 2011 7pm - 10pm**

A 'razzmatazz' evening with the popular Dixiemix Jazz Band in front of the Hall. Adult £10 (Pre-booked), Adult £11 (On the day), Child £5 (Pre-booked), Child £6 (On the day) Booking Essential Tel: 01366 328258

**Summer Pruning Workshop - Wednesday, 06 July 2011 10am - 1pm**

Join the gardening team to learn the tips and techniques for successful pruning. Includes tea or coffee. Gates open: 10am All Tickets £12. Booking Essential Tel: 01366 328258

**Meet the Head Gardener (July) - Wednesday, 13 July 2011 2pm - 3:15 pm**

Meet in the Orchard for a guided tour of the garden

**Midsummer Night's Dream - Thursday, 14 July 2011 7:30 pm - 9:30 pm**

Traditional Shakespeare, performed by The Lord Chamberlain's Men. Adult £11 (Pre-booked), Adult £12 (On the day), Child £8 (Pre-booked), Child £9 (On the day)

**Scything Day & National Gardens Scheme Day - Saturday, 16 July 2011**

**11:30 am - 3:30 pm** Richard Brown from Emorsgate Seeds near King's Lynn will be demonstrating the ancient art of scything in the Orchard. He will also talk about wildflower meadows and how to care for them

**Listen to the Band - Sunday, 24 July 2011 2pm - 4pm**

The Helleston and Sprouston Band will be playing for visitors in front of the Hall during the afternoon.

**Defend the Hall - 30 July to 31 July 2011 11am - 4pm**

Come and see the '17th Century Life & Times' re-enactment group in action during the Civil War as Parliamentary forces enter the Oxburgh estate intent on

OXBURGH HALL, OXBURGH, NR KING'S LYNN, NORFOLK PE33 9PS  
Tel 01366 328258 Fax 01366 328066 E.mail [oxburghhall@nationaltrust.org.uk](mailto:oxburghhall@nationaltrust.org.uk)

**The following events are held weekly at Methwold High School**

**Monday**

**Kings Lynn Community Football** - Joe Jackson 07902 173693 - 11yrs+ 5.00-7.00pm MUGA

**Yoga** - Helen Shephard - 18yrs+ 6:30-8:00 Community Fitness Building

**Fitness suite** 16yrs+ 6.30-9.30

**Tennis Courts available** 7.00-9.30

**Tuesday**

**Art Club** Julia Thomas 01366 728333 5yrs+ 3.30 onwards ART ROOM

**Primary School Street Dance** Lorna Adams up to 11yrs 3.30-4.15 Community Building

**Table Tennis** Mark Vowles 07886 676364 11yrs+ to Adults 6.00-7.00 Main Hall

**Fitness suite** 16yrs+ 6.30-9.30

**Weight Watchers** - Adults - 6.30-7.30 Community Fitness Building

**Zumba** 8.00-9.00 Main Hall

**Archery** - 11-16 yrs - Stefan Clifford 01362 656870- 3.30-4.30 Main Field £2 per session

**Tennis courts available** 6.30-9.30

**Wednesday**

**Band Club** Eugene Pryer 01366 728333 5yrs+ 6.00-7.00 DRAMA STUDIO

**Circuit Training** Alex/Chris 5.30-6.30 Fitness Suite

**Fitness suite** 16yrs+ 6.30-9.30

**Tennis Club night** James Spurgeon 01366 728333 6.00-9.00

**Badminton** 7.00-9.00 11yrs-Adult Main Hall

**Methwold Rovers Football** Duncan Fuller 01366 501177 7.00-8.30 MUGA/Field

**Street Dance** Emily Harper 11 Yrs+ 3.30-4.15 Community Building

**Thursday**

**Circuit Training** Alex/Chris 5.30-6.30 Fitness Suite

**Fitness suite** 16yrs+ 6.30-9.30

**Methwold Ladies Netball** Gemma 07716 412480 6.30-8.00 16 yrs+ MUGA

**Tennis Courts available** 8.00-9.30

**Friday**

**Fitness suite** 16yrs+ 6.30-9.30

**Tennis Courts available** 6.30-9.30

**Saturday**

**Fitness Suite** 9.00-12.00

## ACTIVITIES AT METHWOLD HIGH SCHOOL DURING THE SUMMER HOLIDAY

**Multi Sports** - Tues 26th July, Thursday 28th July, Tuesday 9th August, Thursday 11th August, Tuesday 23rd August, Thursday 25th August. All sessions on these days are provided through Kings Lynn and West Norfolk Borough Council from 10am-1pm at the High School, £3 per head, 8-13 yrs.

**To book** contact Mark by email: *Kerryv64@msn.com* or telephone 07886 676364.

**Soccer School** - Mon 1 Aug, Weds 3 Aug, Mon 15 Aug, Weds 17 Aug, Wed 31 Aug and Friday 2 Sept. All sessions on these days are provided by King's Lynn Community Football from 10am-3pm at the High School, cost £15 per head, 5-13 years.

**To book** contact Joe Jackson, King's Lynn Community Football by email: *jjcommunitycoaching@hotmail.co.uk* or telephone 07902173693

 <p><b>Methwold High School</b> <i>a Specialist Sports College</i></p>	<p><b><u>METHWOLD COM- MUNITY TENNIS</u></b> <b><u>CLUB</u></b></p>
<p>The Community Tennis Club at Methwold High School is open on week-days (Mondays to Fridays) between 6:30pm and 9:30pm and on Saturdays between 9:00am and 12:00noon.</p>	
<p>Adult club night is on Wednesday, the aim is for people to mix together and play in a relaxing sociable manner! This is free to members or £3 per session for non members.</p>	
<p>Membership entitles you to free court hire when the courts are open.</p>	
<p>Annual membership costs £25 . Concession rates of £20 are available to students, OAP's, unemployed and Methwold High School staff. (If you are already a member of the gym membership for the tennis club is just £15 for the year ) Junior Membership for under 16s is £15 for the year.</p>	
<p>Family Membership is £40 for the year (2 Adults / 2 Children)</p>	
<p><b><i>PLAYAND PLAY - £5 per court per hour, £4 concession.</i></b> <i>Courts can be booked in advance, please call 01366 728333</i> <i>Or email:fitness@mhscloud.net</i></p>	



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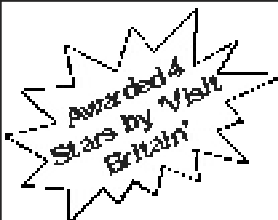
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- An accident, sickness, or just getting older may necessitate the use of equipment to help someone manage at home... in this case a grant and/or loan may help to provide the necessary equipment.

**Assistance needed?** In order to make a difference, the Trustees need to know! If someone in your family, a friend, or a neighbour may be eligible for assistance, please encourage them to apply: all applications will be considered by the Trustees.

**Allotments:** The allotment area off the Brandon Road adjacent to Cock Corner is the private property of the Trust, for the use of Trustees and allotment tenants only. There are no public footpaths or public right of way, and the use of the area to exercise dogs is strictly forbidden. Also note that shooting rights have been approved over the whole area of the allotments. The Trustees disclaim responsibility for any accident or injury to unauthorized persons.

**Applications** are invited from residents who would like to manage an allotment. Terms & Conditions are available on request.

St George's Church is the lead organisation selected by Thomas Batchcroft and Others to administer his legacy providing three Ex-Officio Trustees. Parish Council Trustees and Co-optative Trustees meet regularly to administer the Trust's affairs.

Enquiries regarding matters related to the Trust may be directed to any Trustee or through the Clerk to the Trustees:-

**Mr Roy North, 40 Old Feltwell Rd. Methwold, Norfolk IP26 4PW**  
**e.mail - roysten-icd@tiscali.co.uk Tel: 01366 727797 Mobile 07768 056285**

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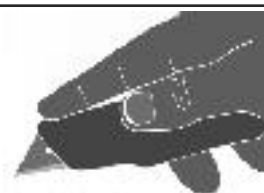
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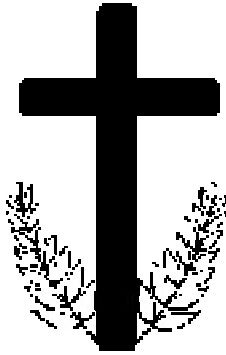
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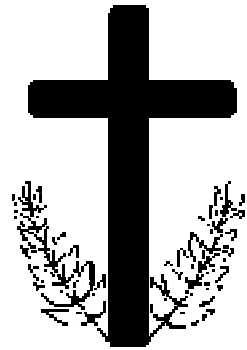
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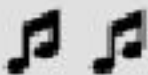
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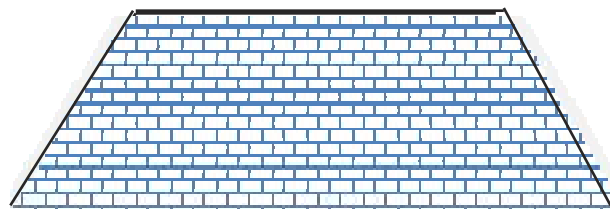
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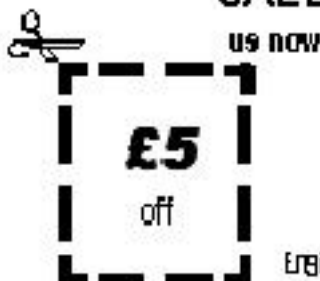
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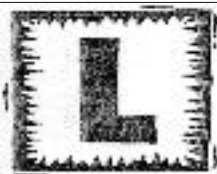
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